



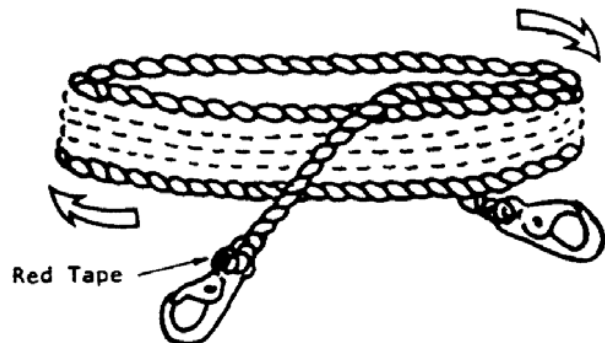
## Board of Instructors - Westbury Fire Dept.

# TRAINING BULLETIN

## Packing the Life Saving Rope Bag

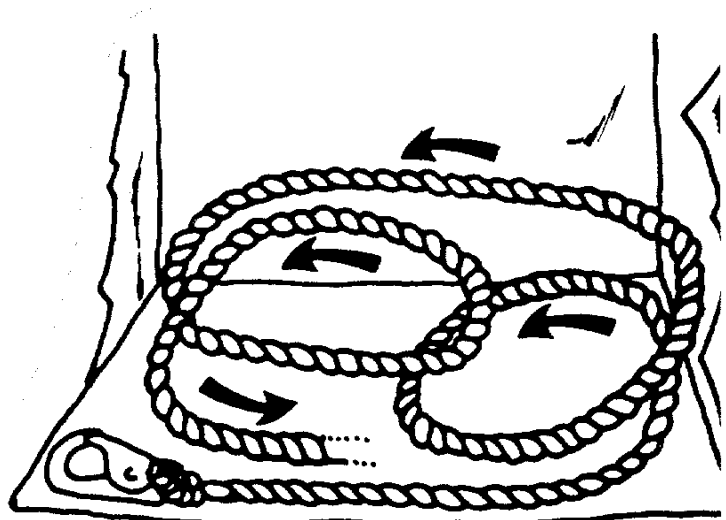
### PACKING OF THE LIFE SAVING ROPE IN THE BACK PACK CARRYING CASE

- The entire rope is coiled **CLOCKWISE**. The diameter of the coil should be approximately 4 feet.

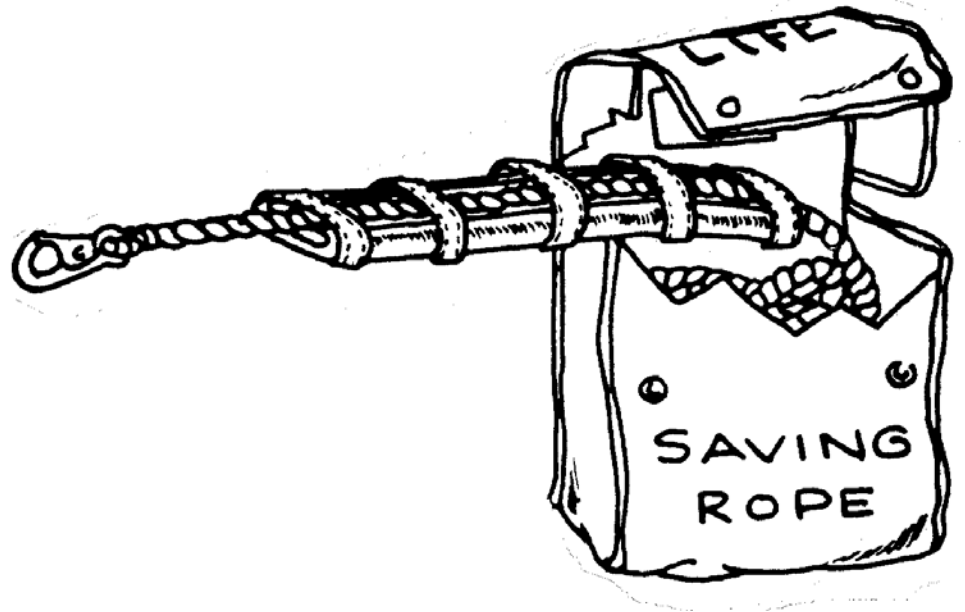


- Stand the open carrying case on the floor, to the left of the coiled rope.
- Place the hook of the life saving rope in the left front corner of the back pack carrying case. Move to the right, making a **COUNTERCLOCKWISE** circle just over one half the width of the bottom of the case.

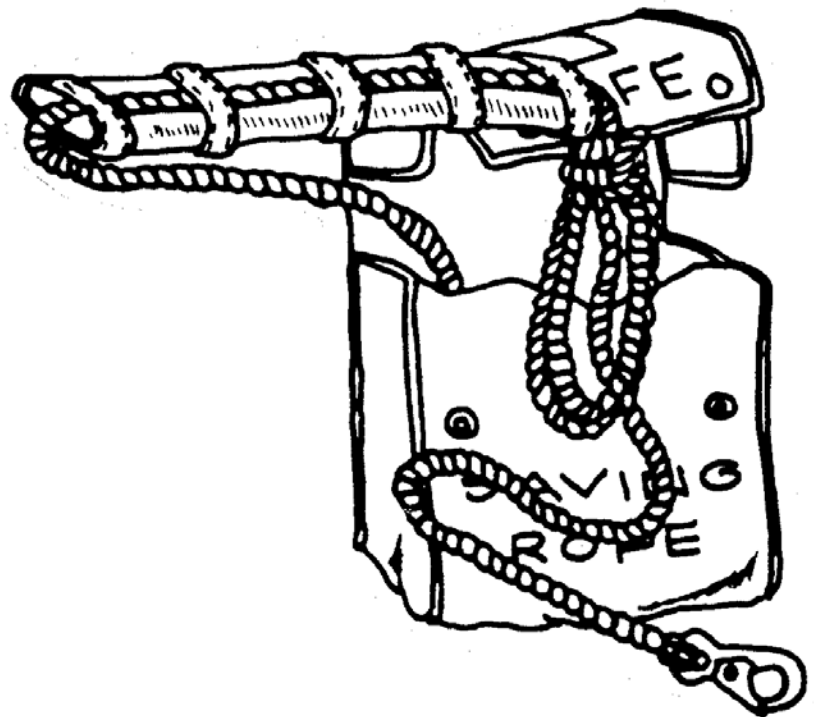
- Moving to the left, make another circle slightly overlapping the first circle.
- Continue in this manner until the entire rope is coiled in the case.



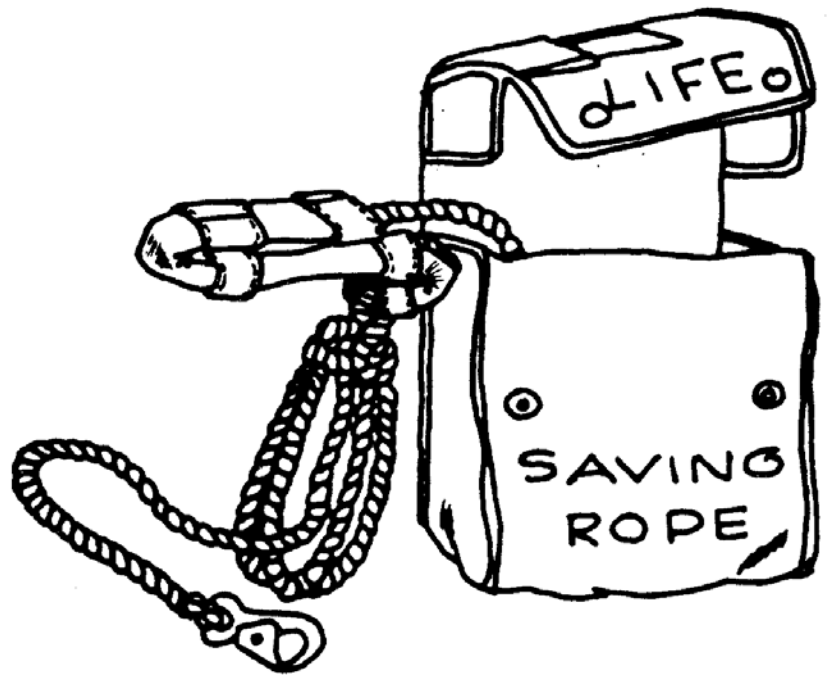
- Remove 3 feet of rope from the carrying case and place the anti-chafing device on this section of the life saving rope.
- Grasp the hook of the life saving rope and pull 1½ arms length of rope through the anti-chafing device. Tie a bowline on a bight on this section of the rope.



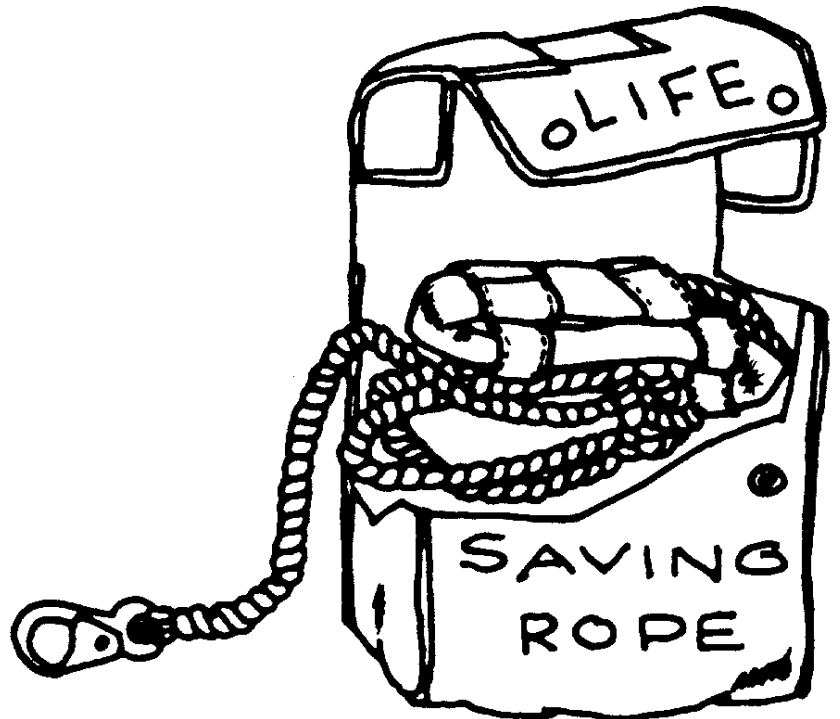
- Move the anti-chafing device along the rope to the bowline-on-a-bight.



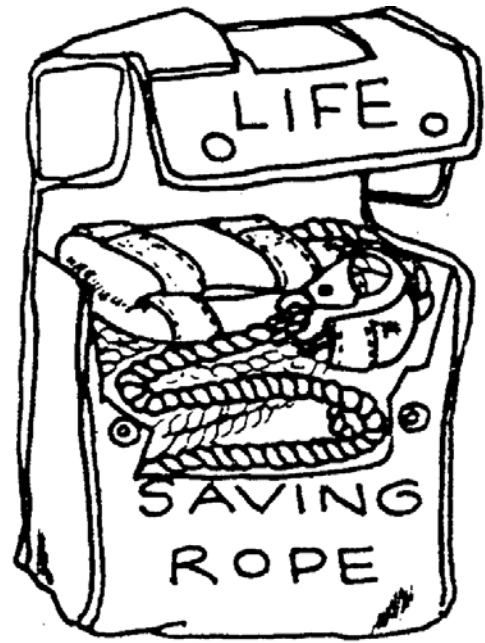
- Fold the anti-chafing device as shown



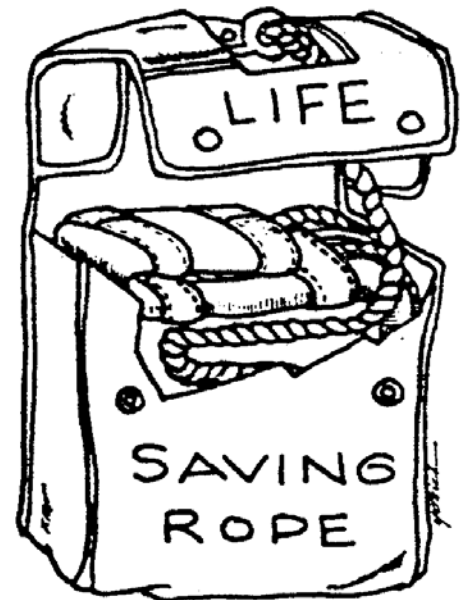
- Place the bowline-on-a-bight and the anti-chafing device in the back pack carrying case as shown.



- Carefully fold the remaining rope in front of the anti-chafing device.



- While closing the flap of the carrying case, pass the hook of the life saving rope through the window of the flap and place it in the pocket on top of the flap of the back pack carrying case.



- The life saving rope shall be completely repacked weekly. The rope shall be repacked from the opposite end each time. One hook shall be marked with red tape for identification.

**Note:** Do not replace the anti-chafing device until the entire rope has been packed in the carrying case. This will allow any twists in the rope to work themselves out during the packing procedure.