

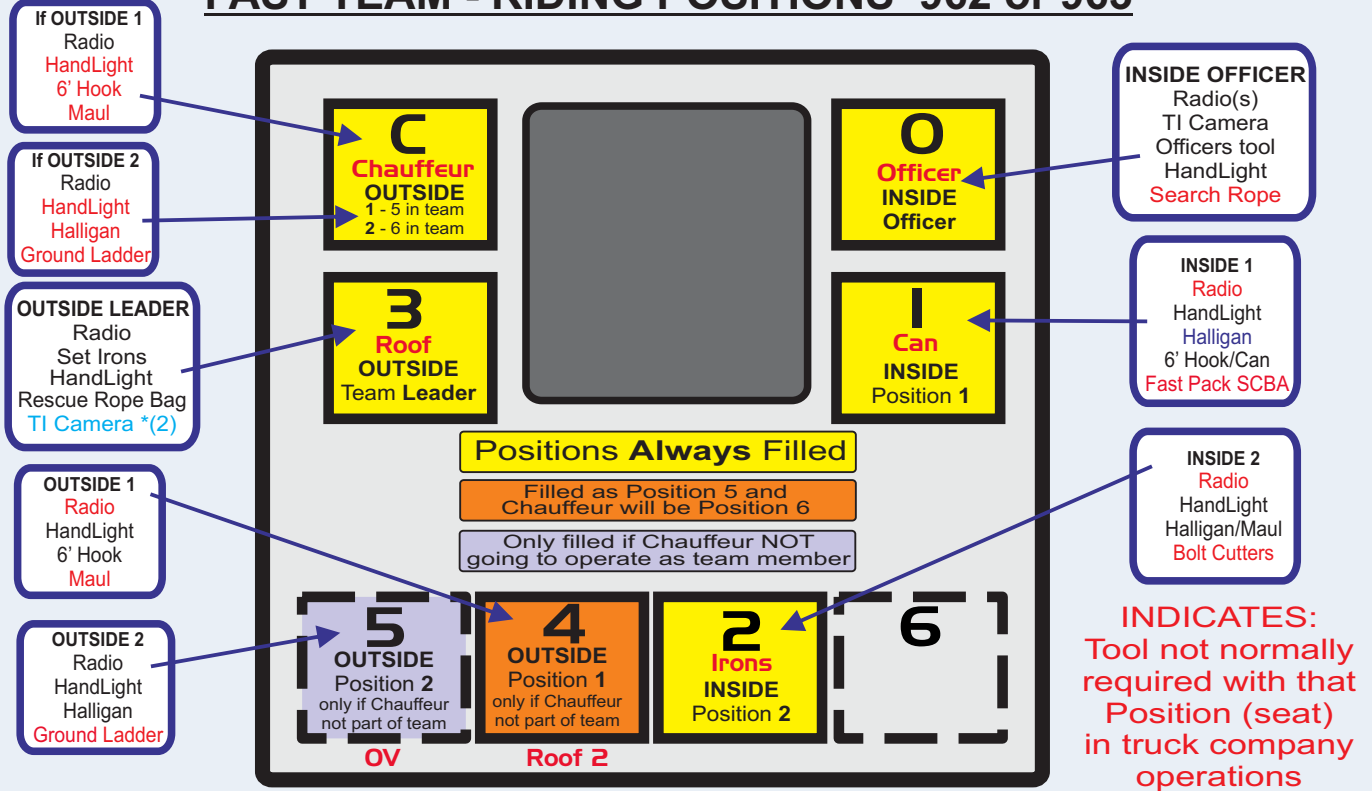


# HOSE COMPANY 2 - WESTBURY FIRE DEPT.

## TRAINING EXERCISE

### F.A.S.T. - Firefighter Assist & Search Team

#### FAST TEAM - RIDING POSITIONS 962 or 963



#### Required FAST TEAM Equipment

##### 9th Battalion - Required Staged Equipment

- Portable Radio - *all team members*
- Search Rope w/ Tag Lines & Rescue Rope
- 2 Sets of Irons
- Hand Light - *all team members*
- \*Spare SCBA And Cylinder - (FAST PACK)
- Bolt Cutters
- Maul
- Rescue Rope/Webbing
- Rabbit Too - Hydra Ram
- Assorted Hooks - (Steel)
- Power Saws ( 1 Roof, 1 Entry)
- Sawz all
- Water can
- Extension Ladder *Suitable to structure*
- Stoke Basket

\* Note: may be many different type SCBA on scene

If Riding Position come off the rig with their required tools, only the following tools will be required to stage:

- Rabbit Tool
- Power Saws
- Sawz All
- Stokes Basket

\*Any specialize equipment that may be for that scene, such as Hurst tool(s), Torch, Air Bags...

*Coming off rig with your tools, also allow the team to go into operation immediately & upon arrival, which may be required!*

## Reading 9th Battalion Radio Identifier Numbers

1st # = Number in Battalion ————— Westbury = 9(6)0 —————→ **6072**  
 2nd & 3rd #'s = Rigs ID( if rig # is 1 number, start with 0) rig# 07 = 967 ↑↑↑  
 4th # = Riding Position on Rig ————— Riding Position 2 = Back Up position —————↑

- Examples**
- ↳ ID # 6093 - would be Westbury Engine 969 position 3
  - ↳ ID # 1061 - would be Carle Place Ambulance 916 position 1
  - ↳ ID # 0444 - would be Bethpage Squad 9044 position 4

**\*\*ONLY WORKS WITH 9th BATTALION RADIOS\*\***

## Must Know FF Removal Harnesses



SCBA Harness



Web Sling Harness



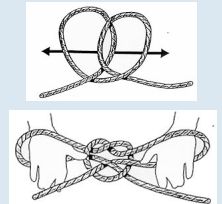
Handcuff Knot



Personal Harness & SCBA - Full Body Harness

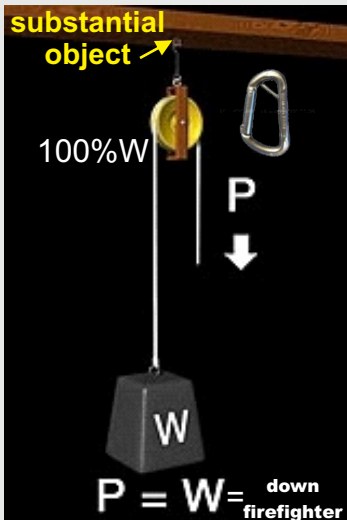


L Carry Harness



**Should be able to do all 5 in complete darkness!**

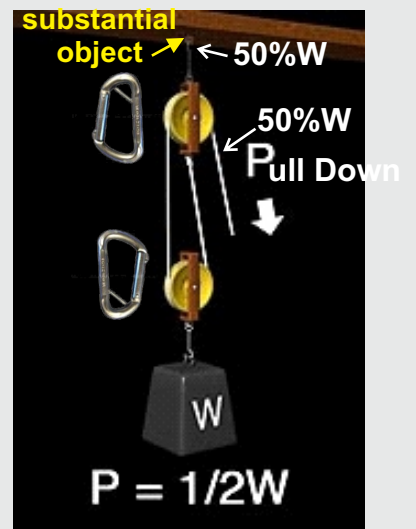
## Mechanical Advantages



**1 : 1**  
 Pulling Exact Weight  
 No Mechanical Advantage



**2 : 1**  
 Pulling 1/2 Actual Weight



**2 : 1 w/ Direction Change**  
 Pulling 1/2 Actual Weight  
 but down instead of up