



# WESTBURY FIRE DEPARTMENT

## Board of Instructors

# F.A.S.T. TEAM QUALIFICATION



DATE:

YES NO

Is the member a Class A Firefighter.		
Has the member completed the Classroom portion of the dept. FAST Training		
Has the member completed hands on FAST Training - reviewing the 6 Stations		

( No member can proceed with testing without a Yes for the 3 above questions )

### Station 1 - Staging Station Testing Instructor: YES NO

Does the FF understand FAST OP's = (3) Inside & ( 2 or 3 ) Outside along with their Tasks		
Has the member - switched Radio to proper channel and monitored enroute/sizing up		
Does FF Know the Tools and responsibilities of FAST riding positions		
Has FF staged without delay - not having to search out their equipment		
Has FF Monitored Scene and communicated with team their Concerns/Tactics		

### Station 2 - Packaging Station Testing Instructor: YES NO

Has FF demonstrated proficiency in converting a SCBA to Harness		
Has FF demonstrated proficiency in converting a SCBA/Harness to Full body Harness		
Has the FF demonstrated proficiency in diamond lashing a Stokes Basket		
Has FF demonstrated proficiency in making harness' from webbing		
Has FF demonstrated proficiency with ropes and knots		
Has FF demonstrated proficiency suppling Air Via FAST PACK ( <i>Here or Station 3*</i> )		

### Station 3 - Inside Team Operations Testing Instructor: YES NO

Has FF demonstrated proficiency in Monitoring and Reacting to a Mayday		
Has FF demonstrated proficiency in searching for downed firefighter - direct search		
Has FF demonstrated proficiency in assessing downed firefighter & reporting ( <b>S.A.F.E.</b> )		
Has the FF demonstrated proficiency with changing down members air supply (*)		
Has the FF demonstrated proficiency with packaging & dragging a downed FF		
Has the FF demonstrated proficiency with packaging down ff for highpoint removal		

### Station 4 - Outside Team Operations Testing Instructor: YES NO

Has the FF demonstrated proficiency in communicating and anticipating inside needs		
Has the member demonstrated proficiency in setting up a <b>2:1</b>		
Has the member demonstrated proficiency setting up & removing a down ff via <b>highpoint</b>		

### Station 5 - "Out a Window" Testing Instructor: YES NO

Has FF demonstrated proficiency removing down FF via 1 FF Lift		
Has FF demonstrated proficiency removing down FF via Denver Drill		
Has FF demonstrated proficiency in getting Firefighter out from below grade		

### Station 6 - "Hole in a Floor" Testing Instructor: YES NO

Has the FF demonstrated proficiency lift downed FF from Hole Via Charged Hose Line		
Has the member demonstrated proficiency in doing a 4 point lift with with 2, 3 or 4 FF's		

Did the FF show proficiency in all phases of FAST TEAM operations - <b>Annually Qualified</b>		
---	--	--

Member

Badge

Qualifying Instructor

Badge

Ver: 4/19



# WESTBURY FIRE DEPARTMENT

355 Maple Ave, Westbury NY 11590



## F.A.S.T. TEAM - COMPETENCY SKILLS SHEET

### Station 1 : Preparation / Staging/ Prior to an Activation

Name/Badge:

Co.

Evaluation Type:

Date:

ENROUTE TO A FAST TEAM REQUEST	YES	NO
Has the FF recognized only FAST Certified FF are eligible to respond to Ladder requests		
Has the <b>Crew</b> recognized - 5 Class "A" FF is FAST <b>Minimum</b> Manning and 6 is <b>Maximum</b> .		
Does FF understand - <b>Officer</b> aka: " <b>FAST LEADER</b> " /Irons/Can are " <b>Inside Team</b> "		
Does FF understand - <b>Roof</b> aka:" <i>Outside Leader</i> " / <b>Divers</b> and <b>OV</b> ( <i>if filled</i> ) are " <b>Outside Team</b> "		
Has the FF filled a riding positions that is best suited to their skill levels & <b>Tagged Up</b>		
Has the FF turned their position's portable to the <b>requested depts operating channel</b>		
Has any FF with past history of the responding location shared such info with the crew		
Has the FF monitored radio traffic so they can start sizing up/painting picture of scene		
Has the FF discussed tactics, confirming <b>everyone on crew</b> understands <b>their</b> assignment		
Has the Officer - swithed mobile radio to <b>Host</b> dispatch and monitored communications		
RIDING ASSIGNMENTS - EQUIPMENT EACH POSITION IS REQUIRED TO STAGE	YES	NO
Has <b>OFFICER</b> secured: Radio(s)/Handlight/TIC/ <b>Seach Rope</b> /Officers Tool		
Has <b>CAN</b> secured: Radio/Handlight/Can/Steel hook/ <b>Halligan</b>		
Has <b>IRONS</b> secured: Radio/Handlight/Halligan/Maul/Rabbit tool/ <b>RIT Pack</b>		
Has <b>ROOF</b> secured: Radio(s)/handlight/Saws/Life & Utility Rope/8' hook/ <b>2nd TIC if avail.</b>		
Has <b>OV</b> secured: Radio/Handlight/6' hook/set of irons/ <b>Extention Ladder</b>		
Does <b>Driver</b> understand they fill the <b>OV position</b> if rolled as 5 person crew ( <b>needs GEAR</b> )		
Has <b>Driver</b> secured ( <b>when NOT OV</b> ): Radio/Handlight/Pike Axe - <b>assist above fill req.</b>		
Does all FF recognize the 1 tool above a standard truck riding assignment ( <b>above in BOLD</b> )		
STAGING - Ladder Truck should get as close as possible to the Scene	YES	NO
Has <b>Officer</b> asked for "Best Access" prior Arrival - possibly from a 960 Chief on Scene		
Has the <b>OFFICER</b> -pulled their equipment and reported to Command for a briefing		
Has the <b>Officer</b> - Sized up Ambulance(s) assuring IC has assigned 1 to FAST ops.		
Has the <b>ROOF</b> ( <i>Outside Leader</i> ) - pulled their equipment and did a 360 of the structure		
Has <b>Irons</b> Checked RIT Pack prior to putting it in Stokes - with an Extra SCBA Bottle		
Has the <b>Crew</b> Checked/Started the Saws prior to Putting them in Stokes Basket		
Has the <b>Crew</b> - brought equipment (via stokes) in view of the incident and staged		
Has the <b>OV</b> ( <i>with assistance if needed</i> ) secured an extention ladder for the FAST TEAM		
Has a Member of team been assigned to watch radio ID's - <i>monitoring who is transmitting</i>		
Has the <b>Officer</b> and <b>Roof</b> report back to the team and briefed them of their findings		
Did the <b>Officer</b> discuss Tactical Considerations for that specific incidents		
Did the <b>Officer</b> discuss the structures known hazards/construction issues... - if any		
Did <b>Roof</b> - Paint the picture of the structure layout for the crew - possible assess/egress		

MONITORING SCENE - WAITING FOR ANY DISTRESS CALL/MAYDAY	YES	NO
Has the <b>Inside</b> and <b>Outside Teams</b> stayed intact, monitoring actions being taken		
Has the <b>Outside</b> team - considered taking proactive tactics, fulfilling immediate threatening needs ( window bars, ladders above floor when none...) ahead of doing as Mayday called		
Has Team <b>LEADERS</b> kept the teams engaged, discussing tactics so crew doesn't lose focus		
Has the FF shown competency of Actions of a FAST Team - Prior to an Activation		

**Instructor Notes**

**Instructor/Badge:** \_\_\_\_\_ **Instructors Signature:** \_\_\_\_\_



# WESTBURY FIRE DEPARTMENT

355 Maple Ave, Westbury NY 11590



## F.A.S.T. TEAM - COMPETENCY SKILLS SHEET

### Station 2 : Packaging / Prepping FF for Removals

Name/Badge:

Co.

Evaluation Type:

Date:

<b>Converting SCBA to a Harness - When FF doesn't have a Personal Harness</b>	YES	NO
Has the FF lifted 1 of the down FF legs or bent at knee bring it closer to their waist		
Has the FF loosened the downed FF waist strap and unbuckled it		
Has the FF reconnected this waist strap after putting the straps under the lifted leg		
Has the FF tightened the waist straps - securing it to the down FF croch area		
Has the FF tightened shoulder straps and placed 1/2 hitch to end to prevent slipping		
<b>Converting SCBA to a Harness - When FF HAS a Personal Harness - (Can do Station 6)</b>	YES	NO
Has the FF's put down FF into seated position with 1 FF <b>infront</b> and 2nd <b>behind</b>		
Has FF <b>infront</b> found and lifted the Down FF's personal harness <b>leg straps</b>		
Has FF <b>behind</b> found and loosened the down FF SCBA waist straps		
Has FF <b>infront</b> unbuckled down FF SCBA waist strap and put under each lifted leg strap		
Has FF <b>behind</b> loosed the down FF SBICA shoulder staps and pushed them forward and away from the the down FF and towards the FF <b>infront</b>		
Has the FF <b>infront</b> released the Hook from Down FF Personal Harness and clipped it through both shoulder straps that are being held out by the FF <b>behind</b>		
Has the FF <b>behind</b> put a piece of webbing under the down FF SCBA should staps		
Has the FF <b>infront</b> tightened down all downed FF SCBA Straps and 1/2 hitched ends		
<b>Diamond Lashing a Stokes Basket</b>	YES	NO
Has the FF's wrapped their side of the webbing around the feet of the Down FF and sent the webbing in the direction to which the webbing self tightens around the down FF feet		
Has the FF's zig zaged the webbing around the stokes supports in a manner that the webbing isn't able to be contacted by outside elements that could tear the webbing		
Has the FF's sent the webbing upwards on the Stokes and where it's not crossing over the down FF throat area in a way in may inpeed breathing once tightened		
Has the FF's created a clove hitch with the remaining portion of the webbing afixing the webbing to the top supports of the stokes		
Has the FF's pulled up on all the points the webbing crosses, working bottom upwards tighten the webbing to the downed FF, as it is worked upwards		
Has the FF's tightened the <b>Clove Hitch</b> using up the slack gained in the webbing being tightens at the crossed webbing points		
Once Clove hitch tight, did FF's make a safety knot		
<b>Use of Webbing to make Slings/Hitches/Harnesses</b>	YES	NO
Has FF demonstrated making a <b>Shoulder Sling</b> - same as turnout coat's Drag Rescue Divise		
Has FF demonstrated using webbing to make a <b>Gurth Hitch</b> - gurthing a leg or both legs		
Has the FF demonstrated making a <b>Hasty Harness</b>		

<b>Ropes and Knots</b>	YES	NO
Has the FF demonstrated a <b>Water Knot</b> in Webbing		
Has the FF demonstrated a <b>Handcuff Knot</b>		
Has the FF demonstrated a <b>Butterfly Knot</b>		
Has the FF demonstrated a <b>Figure 8 on a Bite</b>		
Has the FF demonstrated a <b>Tensionless Knot</b>		
<b>Suppling Air to Down Firefighter via FAST PACK - (can be tested in <i>module 2 or 3</i>)</b>	YES	NO
<b>( MUST BE DONE IN THE FOLLOWING ORDER ) - Note for testing : The down FF is out of air</b>		
Did FF check the conditions of the downed <b>FF's Face piece</b>		
<b>If Face piece bad</b> - did FF make the FAST Pack the down FF's SCBA ( <i>Ball side Fast Pack</i> )		
<b>If Face piece was good</b> - did FF check for a Universal Air Connection ( <b>UAC</b> )		
<b>If there was a UAC</b> - Did FF connect to using High Pressure side ( <i>T handle side of Fast Pack</i> )		
<b>If there is NO UAC</b> - did FF look for low pressure quick connect (QC)		
<b>If there was a QC</b> - did FF connect FAST pack low pressure side ( <i>Ball Side of Fast Pack</i> )		
<b>If there is NO QC</b> - did FF use Fast pack to make such the Down FF SCBA ( <i>Ball side of the Fast pack</i> ) - connecting to Facepiece already on Down FF if possible		
Once the down FF has Air, did FF verbalize packaging for removal		
Has the FF dispalyed competency on the packaging and prepping a down FF for removal		

**Instructor Notes**

Instructor/Badge: \_\_\_\_\_ Instructors Signature: \_\_\_\_\_



# WESTBURY FIRE DEPARTMENT

355 Maple Ave, Westbury NY 11590



## F.A.S.T. TEAM - COMPETENCY SKILLS SHEET Station 3 Inside Team (IT) Operations

Name/Badge:

Co.

Evaluation Type:

Date:

Answering a Mayday	YES	NO
Has the FF monitored radio identifiers, identified the Mayday's radio designation		
Was the Mayday acknowledged by the IC or Removal Officer (RO), <b>if not</b> were they Alerted		
Did IC/RO gain as much Info as possible from Mayday (LUNAR) to assure rapidly found		
Was electronic Radio ID compared to the Verbal Mayday to assure not a 2nd Mayday		
Was the Mayday's Air level and <b>their planned course of action</b> conveyed to the FAST Team		
Has all the FF's assigned to Inside Team (IT), <b>rapidly deployed</b> to point the of entry		
Has the IT, secured their search rope to a substantial object outside prior to entry		
Has the IT searched rapidly, using gained Lunar info, PASS alarm, initiating a <b>direct search</b>		
Has the IT stayed intact and communicated <b>progress</b> to IC and Outside Team (OT)		
Approching a Down FF - "S.A.F.E."	YES	NO
Has the IT, done a " <b>Situational size up</b> ", preventing IT from any hazards Mayday occured		
Has the IT, " <b>Stablized</b> " any Hazards, includes moving downed FF to a " <b>Safer Area</b> "		
Has the IT, " <b>Secured their Search Rope</b> to a <b>Substantial</b> object" so OT can utilize if needed		
Has IT, turned off Mayday's " <b>Activated Pass Alarm</b> " for better communication		
Has IT, assesed Maydays " <b>A B C's</b> " ( <b>Air</b> exchange/open <b>Bypass</b> /check <b>Cylinder</b> pressure)		
Has IT Reported to IC. " <b>FAST NEEDS TO REPORT</b> " -Conditions/Actions/Needs = CAN report		
Has IT quickly " <b>Extricated</b> " down FF to a safe loction where " <b>EMS</b> " can intervene		
Suppling Air to Down Firefigher via FAST PACK -( can be tested in module 2 or 3 )	YES	NO
<b>( MUST BE DONE IN THE FOLLOWING ORDER ) - The down FF is out of air</b>		
Did FF check the conditions of the downed FF's <b>Face piece</b>		
<b>If Face piece bad</b> - did FF make the FAST Pack the down FF's SCBA ( <i>Ball side Fast Pack</i> )		
<b>If Face piece was good</b> - did FF check for a Universal Air Connection ( <b>UAC</b> )		
<b>If there was a UAC</b> - Did FF connect to using High Pressure side ( <i>T handle side of Fast Pack</i> )		
<b>If there is NO UAC</b> - did FF look for low pressure quick connect ( <b>QC</b> )		
<b>If there was a QC</b> - did FF connect FAST pack low pressure side ( <i>Ball Side of Fast Pack</i> )		
<b>If there is NO QC</b> - did FF use Fast pack to make it the Down FF SCBA perferable attaching to Down FF Facepiece ( <i>Ball side of the Fast pack</i> )		
Once the down FF has Air, did FF verbalize packaging for removal		

<b>Packaging down FF for Removal</b>	<b>YES</b>	<b>NO</b>
Has the IT alerted the OT of progress and any needs for assisting in a rapid removal		
Has the IT considered utilizing the OT to assist in the removal		
Has the IT made a Harness from Maydays SCBA/Harness, as applicable		
Has the IT worked together as a team and not just 1 person hands on packaging		
Has the IT used webbing to assist in the down FF's move		
Has the IT properly connected the high point rope into the Maydays Harness Hook		
Has the IT helped assist the Mayday out the window once attached to the High Point Rope		
Has the FF displayed competency on a FAST Team's Inside Teams Operations		

**Instructor Notes**

**Instructor/Badge:** \_\_\_\_\_ **Instructors Signature:** \_\_\_\_\_

Ver. 08/19



# WESTBURY FIRE DEPARTMENT

355 Maple Ave, Westbury NY 11590



## F.A.S.T. TEAM - COMPETENCY SKILLS SHEET Station 4 Outside Team (OT) Operations

Name/Badge:

Co.

Evaluation Type:

Date:

Communicating and Anticipating Inside Teams (IT) Needs	YES	NO
Has the OT team monitored firefighting activities, taking mental note of resources		
Has the OT taken any preventative measure to possibly prevent Maydays - window bars...		
Has OT Leader kept team intact, engaged by communicating possible tactics		
<b>Upon Deployment:</b> Has OT leader monitored IT actions so can anticipate possible needs		
Has an OT FF, Identified IT search rope tie off point, incase rapidly needed <b>or</b> tied the search rope off for the IT so they can deploy quicker		
Has the OT kept in communication with the IT - asking for progress if a while with none		
Has the OT supported IT as Needed, with any needed Resources		
Depolying 2:1 Mechanical Advantage - "Yellow Rope Bag"	YES	NO
Has the FF Recognized the Yellow Caribiner to be the <b>Anchor</b> side of the System		
Has the FF Recognized the Yellow Caribiner is attached to Rope by an 8 on a bite		
Has the FF Recognized the White Caribiner to be the <b>Load</b> side of the System		
Has the FF Recongized the Load Caribiner is attached to a pulley afixed to the rope <b>after</b> the <b>Anchor</b> Caribiner and <b>before</b> the <b>Directional change pulley</b> also at the 8 on bite		
Has the FF recognized our 2:1 systems are designed to be pulled in direction opposite or away from its Anchor Point		
<b>Deploying 2:1 system</b> , Did the FF secure the <b>Anchor</b> to a substantial object via clipping the Achor Caribiner to it or by creating a <b>Tensionless Hitch</b> around the object		
<i>In Deploying 2:1 system</i> , Did the FF secure the Load to the load wishing to pull		
Has the FF recognized the 2:1 system is dividing the Load weight in half		
Depolying 3:1 High Point System - "Red Rope Bag"	YES	NO
Has the FF Recognized the Yellow Caribiner to be the <b>Anchor</b> side of the System		
Has the FF Recognized the Yellow Caribiner is attached to a double pulley		
Has the FF Recognized the White Caribiner to be the <b>Load</b> side of the System		
Has the FF Recongized the Load Caribiner is attached to an 8 on a bite and moves opposite or away from the Anchor Caribiner		
<i>In Deploying Highpoint</i> , Did the FF leave the bag at the base of the ladder and carry only the Load caribiner up the ladder to at least 1 rung over the top of the window		
<i>In Deploying Highpoint</i> , Did the FF secure the Anchor to this rung above the window		
<i>In Deploying Highpoint</i> , Did the FF take the Load Caribiner, walk it down the ladder keeping it to the under side of the ladder and pass it to the IT who will afix to the Load		
<i>In Deploying Highpoint</i> , Did the FF then continue down ladder where they zig zagged the bag: 1 rung up from bottom to front side of ladder , up on rung to underside of ladder then up one rung to the front side of the ladder, creating tension points		
Did the IT communicate to OT when Load is ready to be lifted		
Is there a FF securing base of ladder		
Is there a FF pulling downward on the rope, under the ladder in a safe position to help get the load up and out the window		



Is the FF on the front side of the ladder, with the ropes working end, pulled tension on the rope as the FF pulls the rope downward		
<i>Once the load is free hanging out the window</i> , has the FF pulling downward left the rope and moved to a safe position to eventually assist guiding load as nears ground		
Has the FF on the front side of the ladder with the ropes working end, slowed released tension, allowing the load to slowly drop to the ground		
Once Load is to the ground was the load release from the Highpoint system safely		
Has the FF displayed competency on a FAST Team's Outside Teams Operations		

**Instructor Notes**

**Instructor/Badge:** \_\_\_\_\_

**Instructors Signature:** \_\_\_\_\_

Ver. 08/19



# WESTBURY FIRE DEPARTMENT

355 Maple Ave, Westbury NY 11590



## F.A.S.T. TEAM - COMPETENCY SKILLS SHEET Station 5 Getting Downed FF Out a Widow

Name/Badge:

Co.

Evaluation Type:

Date:

<b>1 Firefighter Lift Out a Window</b>	YES	NO
Has the FF sounded the floor prior to climbing into window and putting weight on floor		
Has the FF approached the down FF S.A.F.E. ( <i>as per station - 3 IT ops.</i> )		
Has FF Packages down FF SCBA/Personal harness in a Body harness		
Has FF dragged down FF to a window and gotten them into seated position with back against wall under the window		
Has the FF, from a squaded position, place their foot at the feet of the down FF so when they lift the down firefighter they wont slide back downwards		
Has the FF lifted the down FF from SCBA shoulder straps, standing up, with his/her foot keeping pressure against the downed FF feet, pushing towards window as FF is lifted		
Once in the standing position, Did the FF help guide the downed FF out the window being supported by FF's on the outside		
<b>2 Firefighter Denver Drill</b>	YES	NO
Has the FF's sounded the floor prior to climbing into window and putting weight on floor		
Has the FF's approached the down FF S.A.F.E. ( <i>as per station - 3 IT ops.</i> )		
Has the FF's Packages down FF SCBA/Personal harness in a Body harness		
Has the FF's dragged down FF to a window and gotten them into seated position with back facing the wall and close to the window they are about to exit		
Has 1 FF position themselves behind the downed FF with their back against the wall, under the window they are about to exit		
Has the 2nd FF positioned themselves in front of the downed FF as if they were going to lift the out the window as in a 1 FF lift out the window above		
Did the FF's coordinated the lift out the window, where the FF in the front lifting from the shoulder straps and controlling the downed firefighter from sliding down by using their feet and 2nd FF lifting the Down FF by the base of their SCBA and using their Body as a ramp, both FF's Lifting and pushing the downed FF out the window		
Once in the standing position, Did the FF help guide the downed FF out the window being supported by FF's on the outside of the window		
<b>Ladder Lifting Downed FF out window from Below Grade</b>	YES	NO
Has the FF's chose an opening large enough to support a Ladder entering it and the down firefighter exiting after being placed on it, or created such so it's feasible		
Has the ladder been passed in the window and placed on the ground along side the down FF and a tool placed under the ladder so it's easy to lift from ground once loaded		
Has the FF's placed the downed FF on the ladder face down and secured them to the ladder with arm tight to body - using webbing or SCBA Waist Strap if feasible		
If the opening isn't high enough to allow down FF exiting with SCBA still of their back, was their SCBA removed and afixed to ladder above downed FF using the SCBA's Straps		
Has FF's lifted the tip of the ladder to window sill		
Has FF's lifted the ladder on the sides, supporting downed FF and helping guide the ladder out the window, while walking ladder towards window and out it		

Has the FF displayed competency on removing a Downed FF out a Window		
--	--	--

**Instructor Notes**

**Instructor/Badge:** \_\_\_\_\_ **Instructors Signature:** \_\_\_\_\_

Ver. 08/19



# WESTBURY FIRE DEPARTMENT

355 Maple Ave, Westbury NY 11590



## F.A.S.T. TEAM - COMPETENCY SKILLS SHEET

### Station 6 Getting Downed FF Out a Hole in the Floor

Name/Badge:

Co.

Evaluation Type:

Date:

<b>Using Charged Hose Line - Immediate use only with capable FF in hole</b>	YES	NO
Has the FF's recognized the area around hole may also be weak and taken measure to secure before operating around such		
<i>If operating from a charged Handline and fallen FF is capable , was a loop of hose sent down the hole (no coupling in such loop ) to the fallen FF</i>		
Did the Fallen FF Sit inside the loop and hug both ends of the hose, securing close to body		
Once secure, did the FF's topside, lift either side of hose pulling fallen FF from hole		
<b>Using Rescue Rope - 4 Point lift - 4 FF's top side</b>	YES	NO
Has the FF's recognized the area around hole may also be weak and taken measure to secure before operating around such		
Has the FF's split the rope in half, creating 2 Large Loops of Rope		
Has the FF's dropped the loops down the hole to the Downed FF below		
Has the FF's with the Downed FF, secured the 2 Loops to the down FF's Harness' Hook after it was made into a personal harness with their SCBA ( <b>Ref: Station 2</b> )		
<i>If Downed FF has <b>No Personal Harness</b>, Has the FF's with the Downed FF created a <b>Hasty harness</b> with their webbing and attached the 2 Loops using their Caribener ( <b>Ref: St2</b>)</i>		
<i>Once down FF Attached</i> - has FF's topside each lifted from each of the 4 sections of rope		
Once the downed FF is out the hole, did the FF's moved to one side of hole and out		
<b>Using Rescue Rope - 4 Point lift - 3 FF's top side</b>	YES	NO
<i>Same as Above to the point where FF is attached to the the 2 Loops</i>		
<i>As down FF is being packaged below , Did the FF's topside afix 1 section, of the 4 sections of rope, to a substatial object via tensionless hitch</i>		
<i>Once down FF Attached</i> - has FF's topside each lifted from each of the 3 sections of rope		
<i>Once the downed FF is out the hole , did the FF's move to one side of hole and lift out</i>		
<b>Using Rescue Rope - 4 Point lift - 2 FF's top side</b>	YES	NO
<i>Same as Above to the point where FF is attached to the the 2 Loops</i>		
<i>As down FF is being packaged below , Did the FF's topside afix 2 section, of the 4 sections of rope, to a substatial object via tensionless hitch</i>		
<i>Once down FF Attached</i> - has FF's topside each lifted from each of the 2 sections of rope		
<i>Once the downed FF is out the hole , did the FF's move to one side of hole and lift out</i>		
Has the FF dispalyed competency on removing a Downed FF out a Hole in floor		

#### Instructor Notes

Instructor/Badge: \_\_\_\_\_

Instructors Signature: \_\_\_\_\_